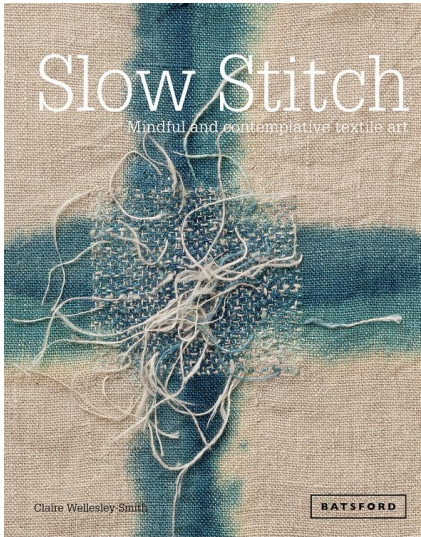


# Slow Stitch

Mindful and contemplative textile art

CLAIRE WELLESLEY-SMITH



<b>Publication</b>	Available Now - Craft Trade Only
<b>Price</b>	£22.50
<b>ISBN</b>	9781849942997
<b>Format</b>	Hardback 276 x 216 mm
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## Description

The pleasures to be had from slowing down can be many, with connections to sustainability, simplicity, reflection, and tuning into traditional and other multicultural textile traditions.

*Slow Stitch* is a much-needed guide to adopting a less-is-more approach, valuing quality over quantity, and bringing a meaningful and thoughtful approach to textile practice. Claire Wellesley-Smith introduces a range of ways in which you can slow your textile work down, including: using simple techniques inspired by traditional practice, reusing and re-inventing materials and limiting your equipment.

Richly illustrated throughout, and showcasing work from the best textile artists who work in this way, this is a truly inspirational book for those looking to reconnect with their craft and to find a new way of working.

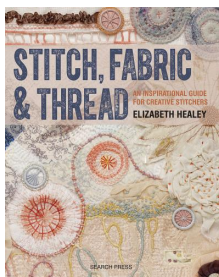
## Key Selling Points

- Discover a new simpler, slower way to beautiful stitch textile art
- Includes hand-stitch techniques and rhythms and reusing old textiles
- A guide to contemplative stitching with stitch journals and working with others

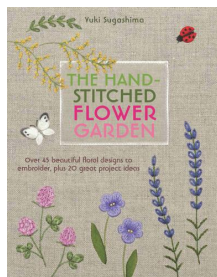
## About The Author

Claire Wellesley-Smith is a textile artist living and working in Yorkshire, UK. She teaches extensively, working in adult education, schools, community-based projects, museums and galleries. Her workshops involve sustainable stitch, repurposed cloth, and traditional techniques.

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