



Ahead of the Curve

Learn to fit and sew amazing clothes for your curves

Jenny Rushmore

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Description

Ahead of the Curve is the first sewing book to empower curvy and plus-size women to feel body confident by sewing a wardrobe that fits.

Don't change your body to fit your clothes – change your clothes to fit your body!

Ahead of the Curve includes five basic garments patterns, which includes a pair of trousers, a t-shirt, a vest top and two dress designs. Jenny takes you through a series of "Fit Clinics" – tutorials and case studies demystifying the fitting process – showing you how to adjust these patterns to master the perfect fit for your body shape. Once you have got to grips with this, you can go on to customize your closet and create an unlimited array of fantastic clothes that celebrate your body.

If you're curvy or plus-size, trying to find clothes that fit and reflect your personal style can be incredibly difficult and frustrating. Plus-size women feel constantly excluded and like they can't express their personality through clothes. This book finally changes that. The book includes full-size patterns in sizes UK 12-32.

About the Author

Jenny Rushmore is the founder and creative director of Cashmerette, the leading sewing company focused on curvy and plus-size women. In 2015, Jenny left an international corporate career to spread the joy and body acceptance that comes with being able to make clothes that fit. Originally from the UK and now based in Massachusetts, USA, she works with her team to create sewing patterns designed for curves, and educational resources that help all curvy and plus-size women find their perfect fit. Visit www.cashmerette.com.