



Knits from Northern Lands

20 projects inspired by traditional knitting techniques from the Scottish Isles to Scandinavia

Jenny Fennell

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Extent	128 pages
Illustrations	300 Colour illustrations
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Classification	Knitted clothes & accessories
BIC CODE/S	WFBS
SALES REGIONS	Worldwide excluding North America



Key Selling Points

- An inspiring guide to the traditional knitting techniques of northern lands, including Fair Isle and Scandinavian-inspired colourwork designs, as well as beautiful cable patterns and other textured knits
- Taps into the current slow fashion movement of rejecting 'fast' fashion and embracing the art of making your own durable, high-quality clothes and accessories using traditional methods
- Each project contains a step-by-step pattern, a fascinating introduction to the history of the technique, and stunning photographs of the finished item
- There are 20 stylish projects to make, including garments, homeware and accessories, suitable for a range of skill levels.

Description

Taking inspiration from the Scandinavian, Nordic and Celtic regions, this book contains 20 charming and modern projects, based on traditional knitting styles and techniques.

Exploring the iconic colourwork of Fair Isle or Scandinavia, or the chunky cables of Aran knitting, the intricacies of Shetland lace knitting or the cosiness of a Guernsey style pillowcase, these are knitwear items that are made to last.

Jenny shares the inspiration and history behind each thoughtful project, as well as easy-to-follow patterns, colourwork charts, and atmospheric photography. She uses a serene and calming colour palette which, combined with beautiful soft yarns and stylish designs, makes for a collection of highly desirable items including garments and home accessories.

Whether you're a relative beginner or already an experienced knitter, with her guidance, you'll soon be creating truly special and one-of-a-kind pieces that can be cherished for generations.

About the Author

Jenny Fennell is based in Nova Scotia and shares her love for knitting with her mother and grandmother. Having studied Fashion Design and Textile Studies, and Sewing and Dressmaking, she uses this knowledge to craft knitted garments of all kinds. Inspired by folklore tales and Celtic history, Jenny is determined to create pieces that can tell a story, withstand generations and, when the time comes, can be passed on to loved ones to be cherished once more. Jenny sells her knits and patterns at lilylakeknits.com and on Ravelry, and you can follow her on Instagram @lilylakeknits.

Table of Contents

Chapter One: Knitting Basics

Yarn, Needles and other equipment, Gauge, Casting On/Casting Off, Basic Stitches, Increasing and Decreasing, Finishing and Blocking, Using Colour, Circular Knitting, Reading Charts, Symbols and Abbreviations

Chapter Two: The Projects

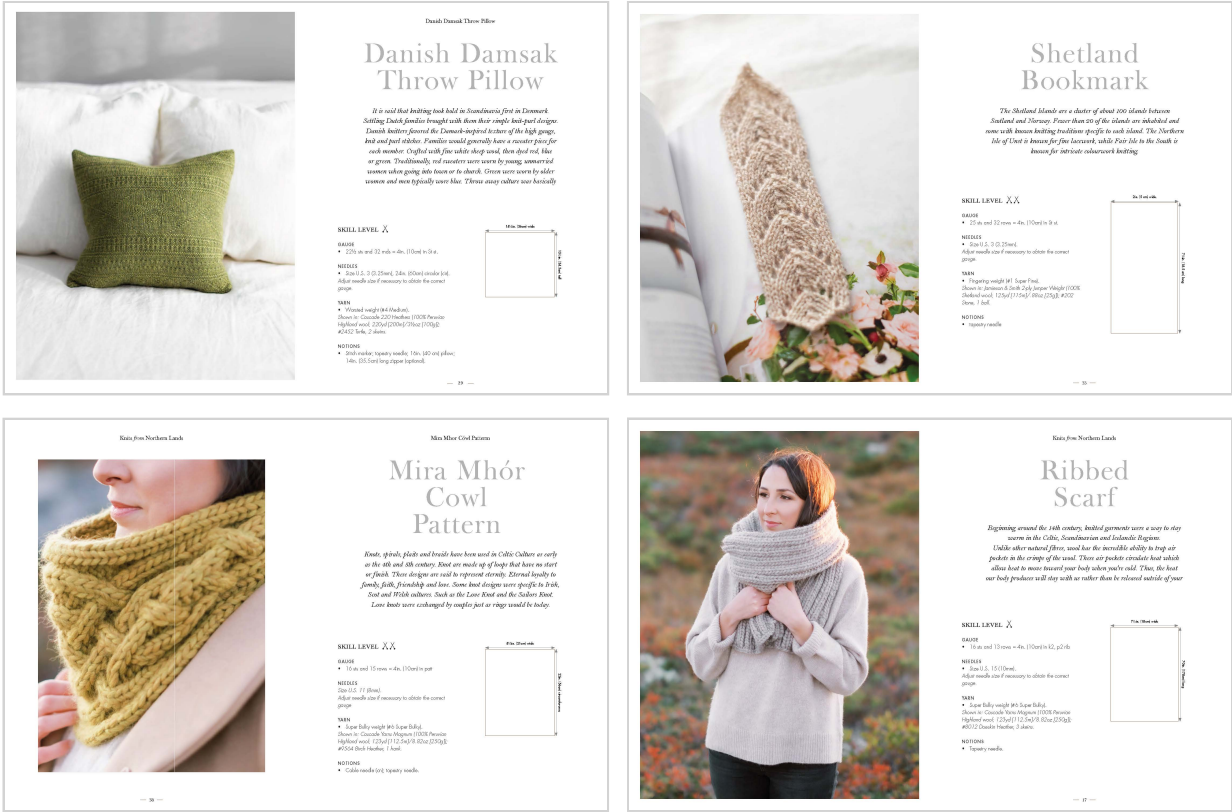
Ribbed Scarf, Ribbed Hat, Ribbed Fingerless Mitts, Danish Damask Pillow, Shetland Bookmark, Mira Mhór Cowl, Scandinavian Hat, 'Leaves of Birch' Blanket, Scandinavian Pillow, Finnish Twist Headband, White Heather Throw, Icelandic Mitts, Icelandic Cowl, Shetland Wrist Warmers, Norwegian Selbu Mittens, Finnish Pillow, Cabled Blanket, Swedish Scarf, Chunky Oversized Aran Sweater, Cabled Shawl

Index

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Crafts Beautiful

Example spreads from the book



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