



Modern Mending

How to minimize waste and maximize style

Erin Lewis-Fitzgerald

Publication	1st May 2021
Price	£14.99
ISBN	9781782219606
Format	Paperback 226 x 174 mm
Extent	272 pages
Illustrations	1000 Colour illustrations
Publisher	Search Press
Classification	Sewing: other
BIC CODE/S	WFB
SALES REGIONS	Worldwide excluding Australia and New Zealand



Key Selling Points

- Visible mending and repairing is on trend!
- Step-by-step instructions for a range of mending techniques
- Includes 22 case studies of mended garments and interviews with eight inspirational modern menders from around the world
- Erin Lewis-Fitzgerald is the world's leading repair artist and mending teacher, and regularly teaches mending workshops online and across Australia. Her work has also been displayed in art exhibitions in Australia.

Description

Bring new life to your old clothes and fabrics with this fun, easy-to-follow guide to modern mending.

Across the globe, we send tonnes of clothing to landfills each year. In fact, clothing consumption in the UK and US is one of the highest in the world. But the good news is that mending is trending, and it's never been easier to repair and reinvent your favourite clothes.

Inspired by the slow fashion movement that's taking the sewing world by storm, Erin Lewis-Fitzgerald has created a comprehensive guide to repairing your own clothes in a way that combines creativity and sustainability. In *Modern Mending*, she demystifies mending and shares step-by-step instructions for a range of techniques, including stitching, darning, patching, needle felting and machine darning. Furthermore, there's an invaluable "Troubleshooting" section at the end of each tutorial, as well as a "Quick-fix" section for buttons, snags, ladders and zippers, so no stone is left unturned in your mending process!

So next time you tear your favourite jeans or find a hole in your jumper, think twice before throwing them away. With *Modern Mending*, you'll gain the skills and confidence needed to rebel against fast fashion, be less wasteful and more sustainable for years to come.

About the Author

Erin Lewis-Fitzgerald is Australia's leading clothes-mending practitioner. Her mending has been displayed in art exhibitions in Melbourne and Adelaide, and she teaches workshops across Australia. Erin began her career in journalism at 15 and over two decades worked as an editor, sub-editor, writer, and photographer. After leaving journalism she founded Bright Sparks, a social enterprise that repaired and reused electrical appliances to keep them out of landfill. When she's not trying to save the planet (stylishly), you can find her making tiny dioramas for her magic letterbox or cooking up a storm for her cookbook club, the Ottolenghi Appreciation Society. Her retirement dream is to run a deluxe toy hospital for stuffed toys.

You can find Erin online at www.erinlewisfitzgerald.com and www.modernmending.com.

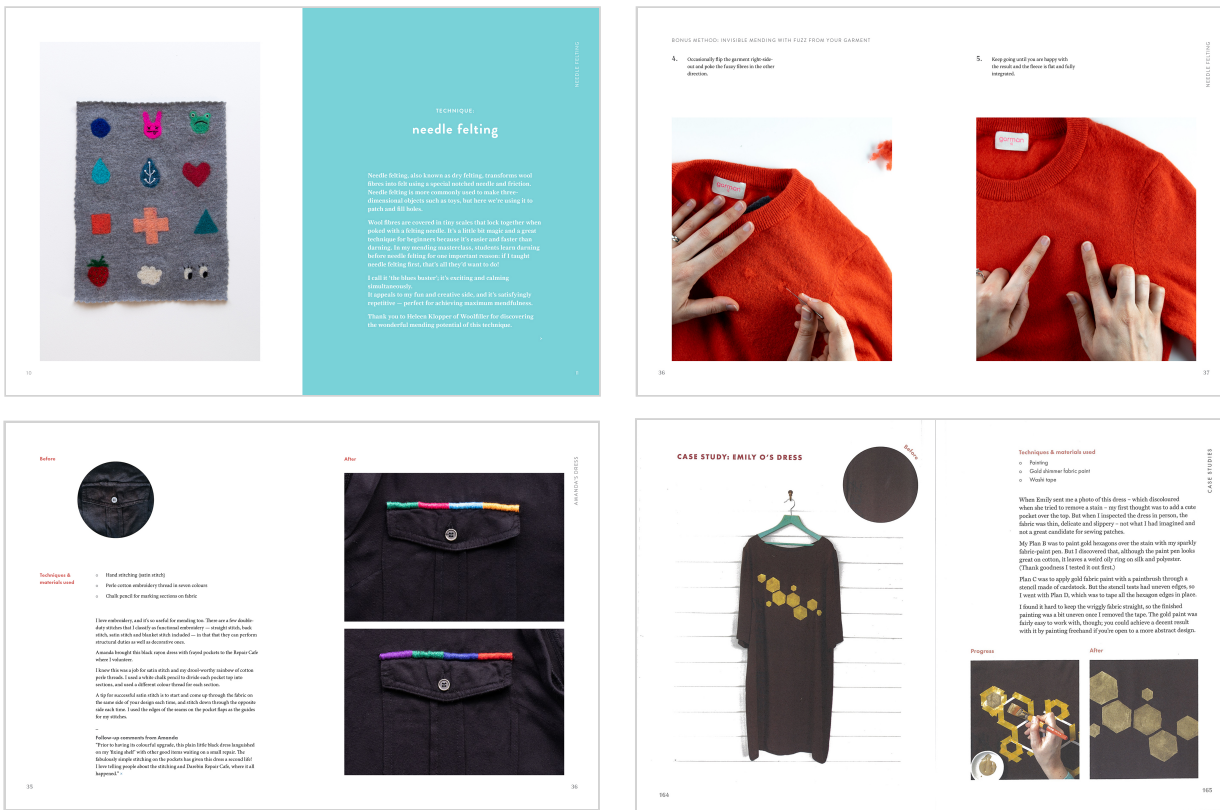
Table of Contents

Foreword, Introduction, Helpful Tips, Thoughts Before Mending, Tools of the Trade, Fabric 101, This Goes With That Techniques - Stitching, Patching, Darning, Needle Felting, Machine Darning, Buttons, Zippers, Ladders, Snags and Shoes Case Studies - Amanda's dress, Anna's jeans, Austen's shirt, Ben's jacket, Carolyn's oven mitts, Chilli's bandana, Clare's jacket, Emily W's jacket, Emily O's dress, Emily O's shirt, Emma F's tea towel, Emma M's jeans, Erin's shirt, Guy's jumper, Hilary's shirt (aka Large Marge), Jess's jumper, Kate's cardigan, Kylie's jumpsuit, Leta's dress no. 1, Leta's dress no. 2, Louise's jumper, Mandy's tea towel, Matt's boxer shorts, Matt's pyjama pants, Natalie's cardigan
 Modern Menders - Aleksandra Zdravković, Eline Medbøe, Hikaru Noguchi, Miriam Dym, Nina & Sonya Montenegro, Roberta Cummings, Tom Van Deijnen
 Care: Prevention & Maintenance, Share the Love & Increase Your Impact, Should I Redo it?, Mending for Others & Valuing Your Time, Resources: Where to Find Mending Supplies, Recommended Reading, Acknowledgements, About the Author, Index

Reviews Anticipated in:

- Craft Business
- Love Sewing
- Simply Sewing
- Sew Magazine
- Stitch Magazine
- Mollie Makes

Example spreads from the book



Related Titles

