



The Re:Fashion Wardrobe

Sew your own stylish, sustainable clothes

Portia Lawrie

| | |
|-----------------------|--------------------------------|
| Publication | 31st March 2023 |
| Price | £17.99 |
| ISBN | 9781782218753 |
| Format | Paperback 280 x 216 mm |
| Extent | 176 pages |
| Illustrations | 500 illustrations, unspecified |
| Publisher | Search Press |
| Classification | Dress making |
| BIC CODE/S | WFB |
| THEMA CODE/S | WFBW, WFB |
| SALES REGIONS | WORLD |



Key Selling Points

- Learn how to alter clothes or create entirely garments using pre-loved clothes or fabrics
- 11 projects, explained step-by-step with clear illustrations, to make and inspire those with good dressmaking experience
- With a refashion techniques crash course at the back of the book, plus advice on making easy pattern templates
- Sustainability is gaining momentum, and refashioning clothes is heavily connected to this movement
- By tailoring thrift-store clothes you have a garment that fits your body AND helps save the planet
- Portia Lawrie has a large following online – she is the founder of The Refashioners (an online movement to encourage sewists/dressmakers to refashion clothes and share them online), and has over 13k followers on Instagram alone.

Description

Sew a sustainable capsule wardrobe that is tailored to you – and with it, help break the cycle of throw-away fashion.

The fashion industry is the second biggest environmental polluter on the planet. Every year, over 350,000 tonnes of clothing is sent to landfill in the UK – just under 14 million tonnes in the US – much of it owing to fast fashion. Furthermore, it's estimated that many of us wear only 20% of our wardrobe regularly, with the other 80% languishing in our wardrobes unworn, or worse – contributing to those ever-growing landfill figures.

We urgently need to find alternative, more sustainable approaches that allow us to have the stylish wardrobes we crave without hurting our planet. The techniques you learn in *The Re:Fashion Wardrobe* is one of those alternatives.

Learn how to alter or create entirely new garments from pre-loved clothes or forgotten fabrics that are not only chic but don't cost the earth. Beginning with advice on equipment, fabrics and how to source your clothes for refashioning, Portia Lawrie will then take you step-by-step through a collection of 11 garments that she has reworked, showing you just how easy it is to refresh or drastically change any piece of clothing you come across.

Every garment in the collection can be used to create a modern capsule wardrobe that you can wear throughout the year, and Portia has included advice on how to adjust the garments in the book to make versions suitable for different times of the year.

Useful sewing techniques with clear illustrations are included at the back of the book for you to dip into whenever you need them – from measuring and fitting through to garment deconstruction and construction.

This is not the “Becky home eccy” refashioning of old, or simply make-do-and-mend either. This is showing that with some time, basic sewing techniques and a dash of creative vision, a wardrobe you've made entirely from recycled garments and textiles can be as stylish, edgy and aspirational as anything the high street has to offer.

About the Author

Portia Lawrie is a self-taught dressmaker and clothes designer who has been passionate about recycling for over a decade. She has been writing about sewing since 2010, predominantly at her current online home: www.portialawrie.co.uk Portia is the founder/creator of The Refashioners, an annual sewing event that has been running since 2011. It challenges the global sewing community to look at old clothes in a new light, and provides inspiration and tutorials. She is also the ambassador for PFAFF sewing machines.

Portia has been a contributor to *Simply Sewing* magazine since 2015. She was awarded *Dressmaker* magazine's Dressmaker of the Year 2017. Her winning entry was a quilted denim coat made from old jeans. In 2016 and 2017 she was nominated for best sewing blog in both The British Craft Awards and The British Sewing Awards. She was nominated for best Instagram of 2018 (British Craft Awards) and Best Sewing Blog 2018 (British Sewing Awards).

In 2020, Portia and fellow designer, Samantha Claridge, launched The ChangeMaker Initiative shop; 100 per cent of all profits are given to charities that promote positive social and environmental changes. Portia lives in Essex, UK, with her partner and son. Instagram: @portialawrie

Table of Contents

About me 6

Why re:fashion? 8

Why a capsule wardrobe? 12

Building a capsule wardrobe 14

Sourcing: the secrets of second-hand shopping 18

Haberdashery & hardware 28

Equipment & notions 30

The projects 34

T-shirt Dress 36, Sweatshirt Tee 42, Boxy Tunic Shirt 46, Cropped Striped Shirt 56, Robe Jacket 60, Pieced Linen Tee 66, Button-front Skirt 78, Side-striped Trousers 86, Paperbag Shorts 92, Refitted Jeans 100, Duvet Duster Coat 110

Capsule combinations 118

Re:fashion techniques 122

Making pattern templates 124, Fitting 126, Size doesn't matter: sizing up or down 132, Deconstruction 134, Essential machine stitches 138, Essential hand stitches 140, Machine darning 141, Seams 142, Hemming 147, Darts 150, Bias tape 152, Pockets 153, Fly zips 156, Buttonholes & buttons 159, Neckline finishes 160, Band finishes 164, Fabric ties & belts 172

Glossary 174

Acknowledgements 175

Index 176

Reviews Anticipated in:

Love Sewing

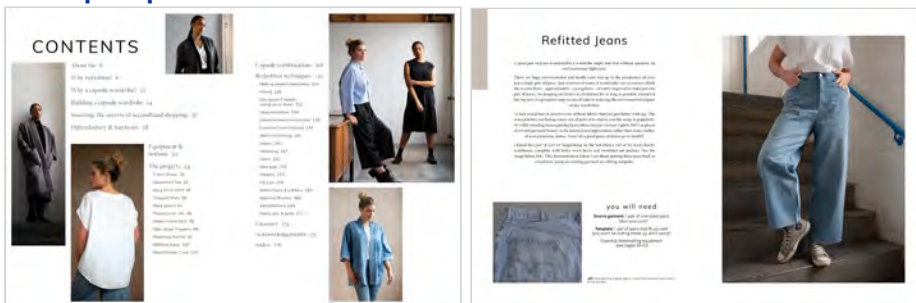
Simply Sewing

Stitch

Crafts Beautiful

Mollie Makes

Example spreads from the book



Related Titles



9781782219262



9781782219903



9781800921191



9781800920361



9781782219934



9781782219606