

# Mandalas to Embroider

## Kaleidoscope stitching in a hoop

CARINA ENVOLDSEN-HARRIS



|                       |                        |
|-----------------------|------------------------|
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| <b>Price</b>          | £9.99                  |
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| <b>Format</b>         | Paperback 222 x 222 mm |
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| <b>BIC CODE/S</b>     | WFBC                   |
| <b>SALES REGIONS</b>  | WORLD                  |



### Description

Carina is an exceptional embroiderer with a large following: her blog, *Carina's Craftblog* has over 1,700 followers, her Instagram page has over 1,800, and over 3,200 people have liked her Etsy shop *Polka and Bloom*. Her patterns are vibrant and contemporary, varying from traditional to the unusual – from floral designs and calligraphy, through to intricate portraits of Frida Kahlo and the colourful Day of the Dead skulls. Carina's *Mandalas to Embroider* has given the traditional mandala an update and twist by incorporating her almost-trademarked style of boldness mixed with femininity. It is precisely this approach taken by Carina that makes *Mandalas to Embroider* stand out: calming and meditation doesn't mean boring, and stitched mandalas aren't just for working and popping into frames – show them off in a necklace, brooch or on your shoes!

### Key Selling Points

- 24 beautiful, meditative mandalas to embroider by Polka & Bloom's Carina Envoldsen-Harris
- Gorgeous stitch diagrams and keys inside that are easy to follow
- Only 10 stitches used to make all the motifs, explained and accompanied by clear, step-by-step diagrams
- Learn how to display your creations in embroidery hoops, including the much-loved Dandelyne hoops which the 12 mini mandalas perfectly fit inside
- Advice on how to use your stunning mandalas to embellish myriad accessories and items, from shoes to tote bags
- 24 corresponding black and white motifs on transfer sheets at the back, to iron onto your chosen fabric multiple times + 1 bonus mystical mandala template to test your new embroidery skills

### About The Author

Carina Envoldsen-Harris is a Danish designer, blogger and author living in Essex, UK. She has a background in multimedia design as well as studies in art history and Italian language. Under the name Polka & Bloom, Carina has been designing and selling embroidery patterns since 2009. The patterns combine her life-long passion for art, design, history and nature, often including floral motifs and bright colours. Carina's work has been published in these magazines: *Cross Stitcher*, *Mollie Makes* (three issues), *Australian Homespun* (twice), *Hoop-La!*, *Homemade with Love*.

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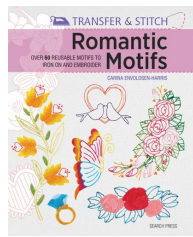
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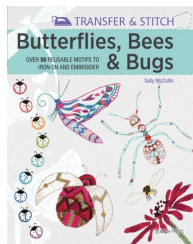
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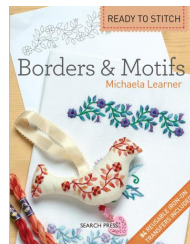
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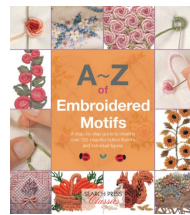
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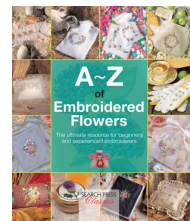
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