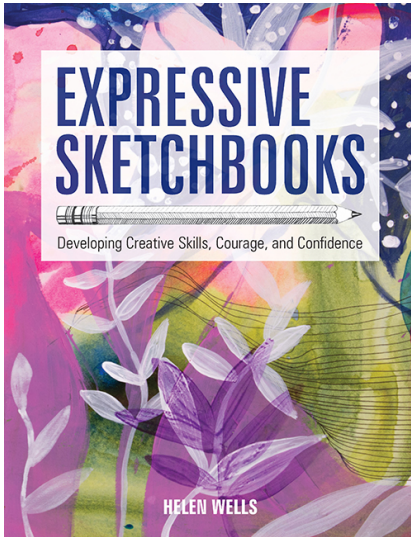


Expressive Sketchbooks

Developing creative skills, courage, and confidence

HELEN WELLS



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Description

Expressive Sketchbooks shares a host of creative ideas and prompts, tools and techniques, and tons of visual inspiration to help you grow in your sketchbooking practice. An expressive sketchbook is a place for you to explore, express, and enjoy your own innate creativity on your own terms. *Expressive Sketchbooks* offers techniques and creative exercises that incorporate mark making, watercolour and mixed media, collage, text, and more.

Take your skills outdoors to capture the world around you, learn how to use a viewfinder, select a view, work with the rule of thirds, explore space and perspective, and much more. It also unpacks some of the obstacles and barriers that you may face along the way and help you decide why and how to start your sketchbook to meet your personal goals. Discover how to magnify your creativity and enliven your art skills by using an expressive sketchbook as your daily companion.

About the Author

Helen Wells is an artist from the south coast of the UK. Her artworks are intricate and organic and depict illusionary surfaces or landscapes. With multiple layers, fragments, colours, and obsessive decorative details, her ethereal patterned works bring to mind elements of the natural world or magical other-worlds.

Her artworks are in private collections all over the world and have featured on numerous products, from book covers to wine bottles. In 2014, she co-won Winsor & Newton's Watercolour Revolution competition which resulted in her painting being displayed in the Saatchi Gallery in London. She has also been featured in magazines and exhibited her work at one of Gordon Ramsay's restaurants in London.

She became an artist later in life after working in an office job for many years. She credits her use of sketchbooks with her finding her artistic style and the courage to develop her art outside of their pages. She is passionate about sketchbooks as a tool for self-discovery, play, and creativity, and is keen to share everything she has learned along the way.

For more information, visit www.helenwellsartist.com, @helenwellsart on Instagram or helenwellsartist on Pinterest.

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