

## Find Your Soul Path

Discover the magical life within

**Emma Griffin**

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### Description

A heart-centred lifestyle guide to following your soul's purpose and living authentically from a practising eclectic witch and life coach.

Practical lifestyle tips on how to incorporate a little magic into everyday life, with a strong focus on female empowerment. Includes tools, practices and techniques to help you fall in love with your authentic self and create the life you've always dreamed of. *Find Your Soul Path* seamlessly blends spirituality with self-help as it seeks to give the reader the tools to begin to live in a more conscious way.

Author and eclectic witch Emma Griffin shows the reader how to discover their soul-purpose and move through the world in a way that starts from a place of purpose and authenticity and allows that to radiate out. Starting in the home, all areas of life are explored, with mindfulness, intuition, and empowerment leading the way. A fantastic introduction to developing a spiritual practice, *Find Your Soul Path* is a gentle exploration of the most easily accessible aspects of witchcraft presented – alongside genuinely helpful life advice – in a way that will appeal to those interested in new age spirituality and the role it can play in modern life. Written with the busy modern woman in mind, ideas and tips for practical ways to find moments of peace and connection are included that are easy to fit into everyday life, such as creating a morning ritual, a bath ritual and journaling prompts.

With a focus on connecting to the true self, *Find Your Soul Path* presents the ancient wisdom of womanhood to a new generation of witches and the spiritually curious, with easily followed rituals for celebrating the sabbats of the Wheel of the Year and practical journaling exercises that help the reader to dive deep on their quest for personal peace and enlightenment. A beginner's guide, this is a book for the open-minded reader who is interested in getting in touch with their more spiritual side, and exploring how they can use their intuition to lead a life that feels more authentic and full of intention.

### About the Author

Emma Griffin is a fine artist, fashion illustrator, photographer, and eclectic witch based in Cornwall. Brought up in a magical household with a well-known tarot reader for a mother and a psychic medium for a father, her career took her into the world of corporate fashion which left little space for magic. In 2019, she launched her online platform Sacred Spaces as a means of reconnecting with her magical roots, and living a more authentic life. Since then, she has amassed over 80k followers on Instagram and built a reputation as a modern-day sage. Emma believes in looking within to harness the power of intuition and is the perfect guide for all those looking to do the same.

### Example spreads from the book

