

Sustainable Knitting for Beginners and Beyond

20 patterns for environmentally friendly knits

epipa

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Description

Learn how to knit more sustainably with this practical guide from knitting blogger and environmentalist, epipa.

This collection of 20 projects shows you how you can make your knitting more environmentally friendly by choosing the most eco-friendly yarns such as bamboo, organic cotton, linen and flax, as well as tips on how to reduce your yarn footprint. As well as advice on yarn sourcing there are patterns for items to help you live a more zero waste lifestyle. The projects include knitted tea towels, dish clothes, and shopping bags so you don't need to buy 'disposable' plastic versions.

Many of the projects are suitable for beginner knitters, and all the basic knitting instructions are included, but there are also more complicated projects including a knitted top and backpack for those with more experience.

About the Author

Scasia Strohhammer is a knitting pattern designer, blogger and author best known by her brand name 'epipa'. She is the author of numerous books and is also an accomplished photographer. She lives in a small village near the Bavarian Alps, Germany, with her family, a dog, three cats and some chickens.

Example spreads from the book

