



## Inspired Cross-Stitch

30 patterns plus alphabets

**Gail Bussi**

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<b>Illustrations</b>	288 Colour illustrations
<b>Publisher</b>	<b>Stackpole Books</b>
<b>Classification</b>	Cross stitch
<b>BIC CODE/S</b>	WFB
<b>SALES REGIONS</b>	Worldwide excluding North America, Australia and New Zealand



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### Description

Stitch your way to a better day!

The 30 cross-stitch designs in Gail Bussi's signature chalk art, hand-lettering style, are easy enough for beginners and will encourage mindful, relaxing stitching. The patterns are divided into the sections Inspire, Create, and Connect, and will give you positive thoughts for many occasions. Finished pieces are perfect for sharing your hopes and wishes for others, or to keep to remind yourself of your personal aspirations. As you stitch the meaningful sayings, let the words as well as the simple movements inspire you.

Ready to stitch your own favourite mantra? Use the provided alphabets to design your own pieces. Finish your designs as small pillows, hangings, framed wall art, book covers, or however you envision. Each project includes chart, finished photo, materials list, and full instructions.

### About the Author

Gail Bussi has had her cross-stitch designs published in all of the major needlework magazines in the UK, US, and France, and is the author of several needlework books. Her images and artwork have also been made into greeting cards and other items. After suffering personal trauma, she stopped creating for a time, but has recently found healing through the power of stitching meaningful words in her designs and finding peace in the stitching itself. With this book, she seeks to share this power with others.