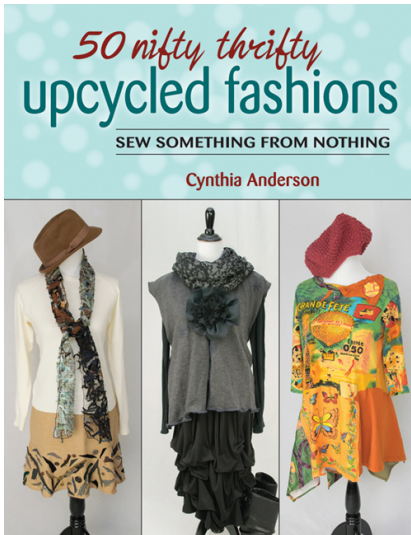


50 Nifty Thrifty Upcycled Fashions

Sew Something From Nothing

CYNTHIA ANDERSON



Publication	October 2015
Price	£14.99
ISBN	9780811714709
Format	Paperback 280 x 216 mm
Extent	144 pages
Illustrations	Halftones, colour
Publisher	Stackpole Books
Classification	Sewing
BIC CODE/S	WFB
SALES REGIONS	Worldwide excluding North America, Australia and New Zealand



Description

Create a fun, stylish new wardrobe from tired old pieces and found treasures! Cynthia shows you step-by-step how to take what you have on hand and turn it into unique, eco-friendly fashion. Only basic machine- and hand-sewing skills required. Tips for sourcing materials and adding details and embellishments. Colourful ideas for creating one-of-a-kind fashions on a budget.

About the Author

Cynthia Anderson is an educator and a designer of eco-friendly upcycled fashions for women and children. She has written articles for *Altered Couture* and *Green Craft* and presented workshops on upcycling clothing. She lives in Fairway, Kansas.

ADVANCE INFORMATION