



## Sashiko for Making and Mending

15 simple Japanese embroidery projects; 15 projects + variations

**Saki Iiduka**

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<b>ISBN</b>	9780804853859
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<b>Extent</b>	80 pages
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<b>Classification</b>	Hand embroidery: other
<b>BIC CODE/S</b>	WFBC
<b>SALES REGIONS</b>	Craft Trade Only



### Key Selling Points

- Let this book show you the pleasure of repairing, reinforcing and making beloved items using sashiko embroidery
- Shows you how to use sashiko stitching to mend rips, repair things like fraying cuffs and create original accessories that look fabulous
- This book teaches many easy variations of the traditional sashiko stitches – highlighting the impact simple, well-executed stitching can have on everything from embellishing napkins to repairing a jacket
- It's gorgeous, thoughtful aesthetic and high-functionality makes sashiko the perfect all-purpose embroidery.

### Description

With this book, you'll be able to embrace the visible mending movement – the practice of repairing high quality items you already own instead of replacing them with cheaper "fast fashion" alternatives. It gives you the opportunity to practise the craft, with instructions for 15 handmade items, including: gorgeous indigo pouches, a rustic linen book cover, multipurpose cotton stoles, an elegant tote bag, and so much more!

### About the Author

After studying painting at university, Saki Iiduka spent ten years living the simple life in rural Yamagata, Japan, observing the traditional ways and avoiding waste. She began creating everyday things for her daily use using sashiko, working with old and recycled fabrics when possible, going right to the heart of the art form. She now lives with her family in the town of Gunma, Japan, where she runs a cafe and studio, holds sashiko workshops and sells her own creations.