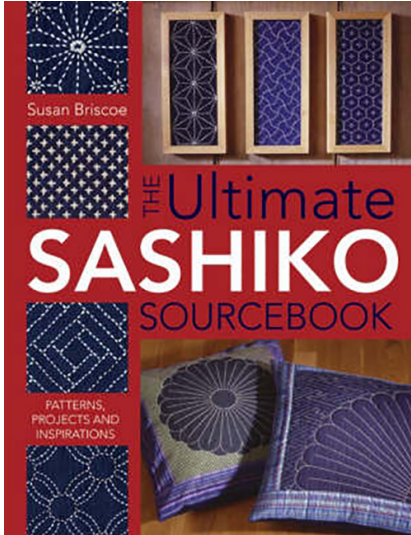


Ultimate Sashiko Sourcebook

Patterns, projects and inspirations

SUSAN BRISCOE



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Description

Sashiko (pronounced shash-ko) means 'stab stitch' and refers to the small running stitch that is worked to build up distinctive decorative patterns, of which there are hundreds. The book begins by exploring the origins of the technique to strengthen clothes and to make them warmer. Getting Started describes everything you need to begin stitching, including selecting suitable fabrics and threads, marking out patterns on the fabric, as well as the stitching technique itself. Ten project chapters show how easy it is to use sashiko patterns to make beautiful items for the home. The sashiko patterns are described in step-by-step detail in the pattern library, showing you exactly how to achieve each individual pattern with ease. Finally a gallery of work by contemporary Japanese textile artists provides extra inspiration.

About the Author

Susan Briscoe is a designer and textile artist, author of several books and teaches creative textile workshops. She also sells vintage Japanese fabrics and a wide range of sashiko and kogin threads and materials.

For more information visit her website www.susanbriscoe.com.

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